

# Message Report

Generated: 03/22/2024 at 09:29 AM by Stephen Cooke

Number of messages: 5

Timezone: Australia/Brisbane

Parents: Stephen Cooke, Heather Cooke

Child(ren): Christian Cooke, Joshua Cooke

Third Party:

OurFamilyWizard  
701 N Washington Ave Suite 700  
Minneapolis, MN 55401  
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## Message 1 of 5

**Sent:** 03/20/2024 at 05:47 PM  
**From:** Heather Cooke  
**To:** Stephen Cooke (*First Viewed: 03/21/2024 at 06:46 PM*)  
**Subject:** Swim class

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Going forward I've rearranged the kids swim class to a Thursday afternoon.

Josh at 4  
Christian at 4:30.

They are scheduled to start next Thursday the 28th March.

I will not attend.

Can you confirm if you are agreeable with this plan and then I can prepare the children

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## Message 2 of 5

**Sent:** 03/21/2024 at 06:45 PM  
**From:** Heather Cooke  
**To:** Stephen Cooke (*First Viewed: 03/21/2024 at 06:46 PM*)  
**Subject:** Easter

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Can I pick the kids up at 9 am on Easter Monday?

When can I expect a response to yesterday's communication?

Thanks

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## Message 3 of 5

**Sent:** 03/21/2024 at 11:51 PM  
**From:** Heather Cooke  
**To:** Stephen Cooke (*First Viewed: 03/22/2024 at 07:49 AM*)  
**Subject:** Re: Swim class

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Hi Stephen,

This is not a decision for the children to make and as I said it should have been discussed with them after we ( the parents) have decided. Asking them their preference keeps putting them in the middle of our conflict and is unhealthy for them.

The options do not include more visitation for you. If you are not agreeable to taking kids to swim on Thursday then that is okay. I will not be taking them going forwards on a Wednesday.

Heather

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**On 03/21/2024 at 07:40 PM, Stephen Cooke wrote:**

**To:** Heather Cooke (*First Viewed: 03/21/2024 at 11:42 PM*)  
**Subject:** Re: Swim class

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Hi Heather,

Sorry for the delay in getting back to you.

I talked to the kids about it. Christian is not agreeable as it would mean seeing less of dad. He is very bright to have spotted that.

Don't know what to counter propose as a solution other than to suggest perhaps smoothing it over for him by giving up another day on the alternate week so instead of just Thursday every second week I would have the boys Wednesday or Friday both weeks as well? No reason for him to say no to your proposal then.

I sure would enjoy taking the boys to swim again.

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**On 03/20/2024 at 05:47 PM, Heather Cooke wrote:**

**To:** Stephen Cooke (*First Viewed: 03/21/2024 at 06:46 PM*)  
**Subject:** Swim class

---

Going forward I've rearranged the kids swim class to a Thursday afternoon.

Josh at 4  
Christian at 4:30.

They are scheduled to start next Thursday the 28th March.

I will not attend.

Can you confirm if you are agreeable with this plan and then I can prepare the children

**Message 4 of 5**

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**Sent:** 03/22/2024 at 01:11 AM  
**From:** Heather Cooke  
**To:** Stephen Cooke (*First Viewed: 03/22/2024 at 07:26 AM*)  
**Subject:** Re: Swim class

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Hi Stephen,

I'm unsure if you received my previous message so I'll reiterate.

Firstly, this is a parenting matter to be discussed and decided with me. Talking to the children about it keeps them in the middle of our conflict and is unhealthy for them. Please going forward be mindful of the stress that the children are under.

I made this proposal as the children are being negatively affected by seeing us in this high conflict situation and are incredibly distressed after swim class.

Thus the options are:

- 1) That you take them to swim on Thursday and I do not attend.
- 2) That I take them on a Wednesday and you agree to not attend
- 3) That the children stop swim class.

Please let me know your preference.

Heather

**Message 5 of 5**

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**Sent:** 03/22/2024 at 09:17 AM  
**From:** Heather Cooke  
**To:** Stephen Cooke (*First Viewed: 03/22/2024 at 09:18 AM*)  
**Subject:** Re: Swim class

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Hi,

It would be best for the children if they could

- 1) continue swim
- 2) not witness us together.

It is causing them distress.

You are arguing over

- 1) Saying hello
- 2) Watching them swim from afar
- 3) Saying goodbye
- 4) 30 minutes of looking at them per week

Perhaps you would like to consider the children.

Can you let me know as I will have to notify Arnold's? They are a busy business and are holding spots for our children.